

## Instructions

- Maintain an upright position for the remainder of the day.
- Drink plenty of fluids, unless your doctor tells you otherwise. This will help flush the dye used during the procedure out of your body
- If you feel like you are going to cough, sneeze, or have a bowel movement, press gently on your incision site.
- If your incision starts to bleed, lie flat and have someone apply pressure to the incision site.
- Take all medications exactly as directed by your doctor.

## Activity

- No strenuous activity for 24 - 48 hours.
- No heavy lifting for 24 - 48 hours.
- Gradually increase your activities.

## Instructions due to Conscious Sedation:

- **Do not** participate in activities where you could become injured for the next 24 hours or until you feel normal again. For example do not: drive, operate heavy machinery, cook, or use power tools.
- **Do not** make important decisions or sign legal documents for the next 24 hours.
- Only take over-the-counter or prescription medications for pain, discomfort, or fever as directed. If pain medications have been prescribed for you, ask your healthcare team when it will be safe to take.
- You should not drink alcohol, take sleeping pills, or medications that cause drowsiness for 24 hours.

## Notify your doctor to report any of the following:

- Fever and/or chills
- Redness, swelling, warmth, or bleeding or other drainage from the site
- Increased pain from the site
- Shortness of breath or difficulty breathing

**Go to closest emergency room to seek emergency medical care.**