

Nephrostomy Tube Check/ Exchange Instructions

Care to Site

- You may notice your urine is pink to a slight red color over the next 24 - 48 hrs. This is normal and will clear up.
- Keep drains secured to clothing or leg strap so that it does **NOT** become dislodged from kidney.
- You may shower in 24 hours, but **NO** tub baths/submerging nephrostomy tube site in water.
 - Remove and Change dressing after 24 hrs. Then change every 48 hours and as needed.
 - Wash the insertion site with soap and water only. Do **NOT** use peroxide or alcohol.
- Keep dressing clean and dry. If dressing becomes wet or soiled, change immediately.

Drain

- Empty drain at least three times a day and/or as needed to keep it from pulling on skin.
- To empty drainage bag, use the blue port at the bottom of bag. Cleanse with alcohol. Unscrew, but do NOT completely remove.
- Drain and then re-tighten.

If instructed, Keep record of the amount and color of urine & take the record to your follow up appointments.

Notify your Doctor/ Seek Medical Attention if you:

- Develop increasing pain at site or lower back/ kidney area.
 - Redness, swelling, drainage at insertion site.
 - Chills or Fever above 100.5 F.
 - Active bleeding or urine leaking around catheter site.
- Your flexible tube (catheter) accidentally gets pulled out.
- The skin breaks down around the catheter.
- Your catheter stops draining (as the catheter may be blocked).

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- Have increased sediment (particles) in urine.
- If urine remains pink/red greater than 48 hours.

If you have any questions or problems with your tube site, please call 540.686.1600

If you are experiencing a medical emergency please go the nearest emergency room.