

Post Tunneled Line Insertion Discharge Instructions

Instructions

- You **must** remain in an upright position until bedtime.
- You may take a nap later today by sitting up in a recliner type chair.

Notify your doctor to report any of the following within the next 48 hours:

- Fever and/or chills
- Nausea/Vomiting
- Insertion site becomes red, warm to touch or if drainage from site occurs

Should bleeding occur at site of catheter insertion, put pressure above the site where the catheter enters the skin.

If bleeding persists, go to the nearest Emergency Department.

Instructions due to Sedation Received for Procedure:

- Do not participate in activities where you could become injured for the next 24 hours. For example do not: drive, operate heavy machinery, cook, or use power tools.
- Do not make important decisions or sign legal documents for the next 24 hours.
- Only take over-the-counter or prescription medications for pain, discomfort or fever, as directed. If pain medications have been prescribed for you, ask your healthcare team when it will be safe to take.
- You should not drink alcohol, take sleeping pills, or medications that cause drowsiness for 24 hours.

If you require emergency medical care go the closest Emergency Room.